

BREAKFAST Served till 12

WINTER

WINTER BERRY PORRIDGE 6

Cranberries, walnut praline and maple & date syrup. (gf)(v)(vf)

BREAKFAST BOARD 8.6

Superveg hash, smashed avo, free range poached egg, Nelson tomato relish, Winter berry porridge & 100% orange juice. (v)

BACON ROLL 4.95

Nelson tomato relish, aioli & rocket.

+ fried egg - 1.5
+ smoked Toulouse sausage - 2
+ smashed avocado - 2.5

VEGGIE BREAKFAST ROLL 5.5

Kupros British halloumi, fried egg, purple carrot hummus and beetroot ketchup.

+ crispy streaky bacon - 2

TOASTED BAGEL OR SOURDOUGH 3.5

Deerview Sussex jams (v), Marmite (v), crunchy peanut butter (v) and vegan butter (vf)

KOOTENAY ROLL 6

Free range scrambled eggs, chives, caramelised onions, cheddar cheese and sriracha mayo in a warm brioche bun. (v)

+ crispy streaky bacon - 2
+ smoked Toulouse sausage - 2

BRUNCH Served till 3 (3.30 Fri - Sun)

EGGS ANY STYLE 5.95

Two free range poached, fried or scrambled eggs on buttered seeded sourdough & side of Nelson tomato relish. (v) (gf option available)

Build your own breakfast by adding sides.

EGGS BENNY

Two free range poached eggs on superveg hashes & brown butter hollandaise. (gf)

Choose from:

Beetroot cured salmon 9.5
Crispy streaky bacon 8.5
Kupros British halloumi 8.5

VEGGIE BREKKIE 9.5

Poached or fried eggs on seeded sourdough with house baked halloumi, purple carrot hummus, chilli pepper coulis, smashed avo, house baked bbq beans and smoked chestnut mushrooms. (v) (vegan option available)

BIG BREKKIE 9.5

Poached or fried eggs on seeded sourdough with house baked bbq beans, smoked chestnut mushrooms, crispy streaky bacon and smoked Toulouse sausage.

+ Superveg hashes - 2.5

SMASHED AVO 7.45

On seeded sourdough with vine cherry tomatoes, pickled candy beetroot, thyme & chilli oil, teriyaki seeds and a rocket and tendril salad. (v) (vf) (gf option)

+ poached egg - 1.5
+ beetroot cured salmon - 3
+ crispy streaky bacon - 2
+ Kupros British halloumi - 2.5

SUSSEX 3 CHEESE RAREBIT 8.95

On seeded sourdough with rocket pesto, wild mushrooms and a truffled egg.

+ crispy streaky bacon - 2
+ smoked Toulouse sausage - 2

FRITTER STACK 8

Courgette, crispy kale, broccoli, red onion fritters with purple carrot hummus, smashed avo, free range poached egg & chilli pepper coulis. (gf)(v)

+ crispy streaky bacon - 2
+ Beetroot cured salmon - 3
+ Kupros British halloumi - 2.5

SIDES

Sides can only be ordered with at least 1 main dish.

Seaweed salted crispy fries with house aioli	3
Kupros British Halloumi	2.5
Smoked Toulouse sausage	2
Crispy streaky bacon	2
Smashed avo (vf)	2.5
Smoked chestnut mushrooms (vf)	2
Purple carrot hummus (vf)	1.5
Beetroot cured salmon	3
House baked bbq beans (vf)	1.5
Superveg hashes (gf)(vf)	2.5
Dukkah spiced crispy kale (vf)	2
Smoked cheddar & jalapeño cornbread (vf)	3

NELSON COFFEE

Please order up at the bar

Looking for something more lunchy? Turn over →

LUNCH Served 11 till 3 (3.30 Fri - Sun)

POKE BOWLS

Teriyaki tofu - 9.45

Beloved brown rice, purple roots slaw, edamame beans, pickled cucumber, seaweed salad and smashed avo. (vf)

Salmon - 9.95

Beetroot & soy cured salmon, Beloved brown rice, purple roots slaw, edamame beans, pickled cucumber, seaweed salad, chilli flakes and smashed avo.

Chicken - 9.95

Free range teriyaki chicken, Beloved brown rice, purple roots slaw, edamame beans, pickled cucumber, seaweed salad and smashed avo.

WINTER SALAD

Roasted squash, shredded roots, pumpkin & chia seeds, rocket, pickled beetroot dressing.

+ Kupros halloumi - 2.5
+ smashed avo - 2

£1 of every winter salad sold goes directly to the Eastbourne FoodBank to support local residents in crisis.



9.5

SANDWICHES

Reuben

British pastrami, smoked applewood cheddar, Russian dressing, thyme infused sauerkraut and dill pickles.

Oak smoked salmon bagel

With mascarpone, lemon, pickled cucumber and fried capers.

Jerk spiced beef brisket bap

Purple roots slaw, fried egg, house reggae sauce. Vegetarian? Swap beef brisket for halloumi!

Blackbean & Za'atar Falafel wrap

With purple carrot hummus, purple roots slaw, rocket and chilli pepper coulis. (v) (vf)

SANDWICH DEAL

Order any sandwich with fries or a house salad for £8.5

COMPANY

WE'VE
GOT A NEW
PLACE!

COMPANY

15 Station Parade, Eastbourne
Café by day, restaurant & bar by night.

Serving up well travelled breakfast/brunch, lunch & dinner, craft coffee and signature cocktails #ingoodcompany.

companyeatery.co.uk



COFFEE

by Ozone Coffee Roasters

	small	reg
Espresso	2.2	
Long Black	2.4	
Americano served w milk	2.5	
Filter coffee	2.6	
Macchiato	2.4	
Piccolo	2.4	
Flat White	2.7	
Cappuccino	2.7	3
Latte	2.7	3
Mocha	3.1	3.4

COLD COFFEE

Iced Latte	3.3
Iced Mocha	3.6
Iced Americano	2.6

Fancy a change? Why not give our guest single origin espresso a go! Check the board for details.

BOTTOMLESS FILTER - 3.7

Infinite refills of our single origin filter

TEA

by Prince & Sons Tea Co

CLASSIC

English Breakfast	2.3
Decaf Black Tea	2.4
Earl Grey	2.4
Rooibos	2.4
Mint	2.3
Fresh Mint	2.9

INFUSIONS

Blood Orange	2.5
Lemongrass, Lime & Ginger	2.5
Chocolate	2.6
Cinnamon Chai	

GREEN

Mao Feng	2.5
Matcha Tea	3.1

SOFT DRINKS 2.7

Karma Cola
Karma Lemmy Lemonade
Karma Gingerella
Lemonaid Passion Fruit
Luscombe Apple Juice
Luscombe Orange Juice
LA Brewery Kombucha

HOT DRINKS

RAINBOW LATTES

Charcoal & cacao	3.5
Taro & blueberry	3.5
Matcha	3.5
Turmeric	3
Rose (w espresso)	3.5
All made with pea milk	

HOT CHOCOLATE

By West Coast Cocoa

Normal	2.9
Peppermint	2.9
Chilli	2.9
Orange	2.9
+ cream & marshmallows	0.5

CHAI

By West Coast Cocoa

Chai Latte	2.9
Dirty Chai	3.5

COLD PRESSED JUICE

By Moju

THE ORANGE ONE 3.75

Carrot, apple, red pepper, ginger, turmeric, lemon.

THE GREEN ONE 3.75

Kale, spinach, lemon, apple, cucumber, ginger, celery.

TURMERIC BOOSTER SHOT 2.8

NELSON COFFEE