

BREAKFAST

Bacon roll	5
Smoked streaky bacon, black garlic aioli, ketchup, rocket + fried egg 1 + avocado 2	
Kootenay roll	6.5
St. Giles cheddar & chives folded eggs, spring onion, gochujang mayo, red onion jam (v)	
+ streaky bacon 2	
+ beet cured salmon 3.5	
Brekkie roll	7.5
Toulouse sausage, fried egg, St. Giles cheddar, ketchup + streaky bacon 2	
Veggie brekkie roll	7
Sussex halloumi, fried egg, pumpkin hummus, harissa & red pepper ketchup, rocket (v)	
+ beet cured salmon 3.5	

LIGHT

Apple & pear porridge	7
Almond milk, pecan & pumpkin seed praline, apple & pear puree, blackberry compote (ve)(n)(gf)	

SIDES

Sussex halloumi (v)	4
Fries (vf)	3
Seaweed salted	
Kimchi	1.5

LUNCH

Sandwiches

Reuben	8
British pastrami, St. Giles cheddar, pickles, kimchi, Russian dressing	
Beet cured salmon bagel	7.5
Whipped Sussex feta, fried capers, dill	
Falafel wrap	7
Blackbean & za'atar falafel, chilli & blackberry jam, rocket, pumpkin hummus, purple slaw (ve)	
Halloumi & kimchi burger	7.5
Purple slaw, gochujang mayo, pickles (v)	
+ add seaweed salted fries 3	

Poke Bowl

Brown rice, pickled carrot, purple slaw, avo, edamame beans, kimchi, tenderstem broccoli

Choose from the following:

Shredded hoisin duck	12
Teriyaki tofu (vf)	11
Beet cured salmon	12

DRINKS

Coffee by Ozone Coffee Roasters

	Sml	Reg	Iced
Espresso...	2.2
Long Black.	2.4
Americano...	2.52.8
Filter.....	2.52.8
Macchiato..	2.5
Piccolo.....	2.6
Flat white.	2.9
Cappuccino.	2.9	...3.2
Latte.....	2.9	...3.2	...3.6
Mocha.....	3.3	...3.64

Rainbow Lattes (Vf) (W Pea Milk)

	Hot	Iced
Turmeric.....	3	...3.5
Matcha.....	3.54
Taro & blueberry	...3.54
Charcoal & cacao	...3.54
Beetroot, ginger & strawberry	3.54

Hot Chocolate & Chai

	Hot	Iced
Normal chocolate3	...3.5
Peppermint chocolate	.3	...3.5
Chilli chocolate3	...3.5
Orange chocolate3	...3.5
Chai latte.....3	...3.5
Dirty chai latte	...3.54

Tea 2.5

English Breakfast
Decaf Black Tea
Earl Grey
Rooibos
Mint
Fresh Mint
Blood Orange
Lemongrass, Lime & Ginger
Chocolate, Cinnamon & Chai
Mao Feng green tea
Matcha (+60p)

Soft Drinks 2.9

Karma Cola
Lemmy Lemonade
Gingerella
Luscombe Apple Juice
Luscombe Orange Juice,
LA Brewery Kombucha

Our menu changes regularly with the seasons, sourcing the best ingredients from passionate local producers.

All of our chicken, egg and pork products are free range.

All tips are paid directly to staff.